

ab	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
9:00							
9:30				Kinderturnen			
10:00						Ju-Jutsu	
10:30							
11:00							
11:30							
12:00							
12:30							
13:00							
13:30							
14:00							
14:30							
15:00							
15:30					Tennis		
16:00	Hockey	Fechten		Fechten			
16:30							
17:00							
17:30	Ju-Jutsu		Pilates				
18:00							
18:30	Ju-Jutsu						
19:00			Gymnastik	Ju-Jutsu	Skigymnastik		
19:30							
20:00	Gymnastik		Volleyball		Turnen AH		
20:30							
21:00				Ju-Jutsu			
21:30							
22:00							
22:30							
23:00							
23:30							

- Ju-Jutsu
- Hockey
- Fechten
- Gymnastik
- Volleyball
- Kinderturnen
- Tennis
- Skigymnastik
- Turnen AH